

**The Center for Child & Family Health (CCFH)** is dedicated to restoring the normal development—and ensuring the future success—of children who are at risk for, or who experience maltreatment and trauma. Our mission is to enhance the lives of children and families affected by trauma and abuse. We fulfill this mission through a coordinated, integrated system of exemplary clinical service, professional education, outreach, and policy initiatives.

Our vision at CCFH is that all children in North Carolina will grow up in a healthy, nurturing environment free of trauma and abuse. We work to enhance family and supportive relationships that are critical to a child's physical, social and mental health. We are committed to alleviating the effects of abuse, trauma and other disruptions of a child's healthy development.

#### We do this by:

- providing direct services to children and their families
- conducting and disseminating research advocating for effective public policies and practices, and
- assisting other communities in replicating our collaborative approach



In recent years, the Center has served an average of over 1,800 clients across North Carolina and trained over 1,100 professionals across the country, annually. Psychiatric evaluation, mental health evaluation and treatment, legal support, family support and parent education services are all under one roof, helping prevent children and families from "falling through the cracks." The lynchpin of this service is the Center's unique community collaboration, which creates synergy from shared resources and working together toward common goals. CCFH works closely with county Departments of Social Services, Public Schools, Rape Crisis Centers, Departments of Mental Health, and Departments of Public Health and Law Enforcement. Additionally, all services are customized to meet the specific needs of children and families.

#### TRAINING GOALS FOR INTERNS AND PRACTICUM STUDENTS

CCFH seeks to provide interns and practicum students with clinical training experience consistent with the scientist-practitioner model of graduate education, with a particular emphasis on child trauma. Specifically, CCFH is committed to the use of evidence-based treatments (EBTs) to target a variety of mental health concerns for children and families impacted by violence, abuse, neglect, or disaster. Clinically focused interns and practicum students will be expected to learn and practice at least one evidence based-prevention/intervention model. These will vary



depending on the supervisor with which interns are matched. Macro-focused interns will also gain exposure to the EBT models offered at CCFH.

Our overall goal is to train culturally responsive graduate level interns and practicum students capable of assuming professional roles in a variety of multidisciplinary settings, including academic medical centers, community mental health centers, and school wellness programs.

CCFH is also committed to providing interns and practicum students with direct individual and treatment model specific group supervision, equipping them with skills and experience necessary for providing families with competent care. All trainees will be assigned a primary supervisor to arrange individual supervision. Currently, there are also model specific supervision groups for three best practices for child trauma victims and their families including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Parent Child Interaction Therapy (PCIT), and Structured Psychotherapy for Adolescents Overcoming Chronic Stress (SPARCS). All trainees are encouraged to participate in group supervision depending on match of interests, availability of supervisors, length of rotation, and availability of cases.

In addition to direct supervision and orientation to services provided at CCFH, interns and practicum students are expected to participate in our weekly Trauma Evaluation, Treatment, Research and Prevention Didactic Series. This series focuses on various treatments offered to child trauma victims and their families, but also emphasizes relevant and current topics to help provide a well-rounded trauma-focused training experience. Some topics include: Engagement Strategies, Core Concepts of Trauma, Medical Evaluation of Suspected Child Abuse and Neglect, and Traumatic Grief.

Depending on availability of supervisors, we typically offer training experiences to graduate level trainees from psychiatry residency programs, psychology postdoctoral fellowship and internship programs, social work internship programs (clinical and macro), counseling internship programs, and marriage and family internship programs.

### **APPLICATION & SELECTION PROCESS**

We are delighted that you are interested in joining our team of interns and practicum students here at the Center for Child & Family Health! We look forward to reviewing your application materials and learning about your professional interests and training goals.



## 2025-2026 Program Timeline\*



The CCFH internship program online application will open in December 2024. Applications must be submitted electronically by <a href="https://doi.org/10.2025/11.59pm">11:59pm</a> on Sunday, January 19, 2025. Decisions will be made in February 2025.

\*Applications for the Masters Psychology Practicum Internship only must be submitted by <u>11:59pm on Sunday, April 20, 2025.</u> Decisions will be made in early May 2025 with a projected start of July/August 2025.

### **Required Application Materials:**

- ☐ Online Application
- ☐ Cover Letter
- ☐ Resume / CV
- ☐ Graduate Transcript (unofficial transcripts accepted)

All required documents must be uploaded through the <u>Online Application Portal</u> by the application deadline. The portal will close and late or incomplete applications will <u>not</u> be reviewed.

Online Application Portal: <a href="https://duke.qualtrics.com/jfe/form/SV">https://duke.qualtrics.com/jfe/form/SV</a> 3mvE1qOjhaaPcjA

#### References:

Letters of recommendation are **optional**. Applicants should direct references to upload letters of recommendation electronically through the <u>Online Reference Portal</u> by the application deadline. Applicants are encouraged to follow-up with references to ensure submissions have been made as notification is not provided through the portal. The portal will close and late recommendation letters will **not** be reviewed.

Online Reference Portal: <a href="https://duke.qualtrics.com/jfe/form/SV">https://duke.qualtrics.com/jfe/form/SV</a> 5vFR4Ex70aIQ3VY



#### **Selection Process**

Upon review of applications, selected candidates will be invited to interview in late-January 2025. Those applying for the Masters Psychology Practicum internship should expect to be invited for interviews in late-April 2025. Final selections will be made by February 10, 2025 and May 11, 2025, respectively. All interns should expect to start in July or August 2025 and complete their internships by May 2026.

#### Open House:

A virtual Open House will take place on **Wednesday**, **January 8**, **2025 from 4:00pm ET – 5:00pm ET**. Prospective candidates should plan to attend to learn more about our programs and the internship experience.

### Register for the Open House here:

https://duke.zoom.us/meeting/register/tJcpde2sqz4jEtxVVsj4EXbVaJhtq7Ed Vlj

## **Internship Opportunities**

Available opportunities for the 2025-2026 program year include the following:

- MSW Clinical Intern, Urbaniak Clinic
- Counseling Masters Practicum, Urbaniak Clinic
- Psychology Masters Practicum, Urbaniak Clinic
- Bilingual MSW Clinical Intern, Early Head Start
- MSW Clinical Intern, Healthy Families Durham

More details on each opportunity continues on the next pages.



## MSW Clinical Intern, Urbaniak Clinic

Role	MSW Clinical Intern
Program	Urbaniak Clinic
Expected Hours	24 hours/week
About the Program	The Urbaniak Clinic is an outpatient mental health clinic serving children from infancy to age 21 and their families. Our therapists use evidence-based treatments proven to be effective and healing for children and adolescents who've experienced trauma and young children with significant oppositional behaviors. Learn more: <a href="https://www.ccfhnc.org/programs/urbaniak-clinic/">https://www.ccfhnc.org/programs/urbaniak-clinic/</a>
About the Opportunity	<ul> <li>The MSW clinical intern will:         <ul> <li>Learn how to conduct mental health evaluations and be exposed to evidence based practices used to treat traumatized children and families</li> <li>Engage in individual and group supervision and learning activities weekly</li> <li>Learn about how to effectively complete clinical documentation and developing treatment plans</li> <li>Increase cultural competence/awareness and sensitivity to work with diverse populations</li> </ul> </li> </ul>
Ideal Candidate	<ul> <li>Is flexible and able to work in a fast paced environment</li> <li>Is able build and maintain professional relationships with key stakeholders, outside agency partners and internal colleagues, and families served</li> <li>Has a working knowledge of the impact of trauma and interest in mitigating the impact of trauma</li> <li>Is computer savvy/skilled and has a willingness to learn</li> </ul>
Additional Qualifications/Requirements	Candidate must be entering the second year of their MSW program by start date; Spanish/English bilingual preference, but not required

Apply by 11:59pm on Sunday, January 19, 2025 https://duke.qualtrics.com/jfe/form/SV 3mvE1qOjhaaPcjA



# **Counseling Masters Practicum Intern, Urbaniak Clinic**

Role	Counseling Masters Practicum Intern
Program	Urbaniak Clinic
Expected Hours	20-24 hours/week
About the Program	The Urbaniak Clinic is an outpatient mental health clinic serving children from infancy to age 21 and their families. Our therapists use evidence-based treatments proven to be effective and healing for children and adolescents who've experienced trauma and young children with significant oppositional behaviors. Learn more: <a href="https://www.ccfhnc.org/programs/urbaniak-clinic/">https://www.ccfhnc.org/programs/urbaniak-clinic/</a>
About the Opportunity	<ul> <li>The Counseling Masters Practicum intern will:         <ul> <li>Learn how to conduct mental health evaluations and be exposed to evidence based practices used to treat traumatized children and families</li> <li>Engage in individual and group supervision and learning activities weekly</li> <li>Learn about how to effectively complete clinical documentation and developing treatment plans</li> <li>Increase cultural competence/awareness and sensitivity to work with diverse populations</li> </ul> </li> </ul>
Ideal Candidate	<ul> <li>The clinic team seeks a candidate who:         <ul> <li>Is flexible and able to work in a fast paced environment</li> </ul> </li> <li>Is able build and maintain professional relationships with key stakeholders, outside agency partners and internal colleagues, and families served</li> <li>Has a working knowledge of the impact of trauma and interest in mitigating the impact of trauma</li> <li>Is computer savvy/skilled and has a willingness to learn</li> </ul>
Additional Qualifications/Requirements	Enrollment in a Master's degree program in counseling; Spanish/English bilingual preference, but not required

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# **Psychology Masters Practicum Intern, Urbaniak Clinic**

Role	Psychology Masters Practicum Intern
Program	Urbaniak Clinic
Expected Hours	20-24 hours/week
About the Program	The Urbaniak Clinic is an outpatient mental health clinic serving children from infancy to age 21 and their families. Our therapists use evidence-based treatments proven to be effective and healing for children and adolescents who've experienced trauma and young children with significant oppositional behaviors. Learn more: <a href="https://www.ccfhnc.org/programs/urbaniak-clinic/">https://www.ccfhnc.org/programs/urbaniak-clinic/</a>
About the Opportunity	<ul> <li>The Psychology Masters Practicum intern will:</li> <li>Receive extensive training</li> <li>See therapy clients</li> <li>Conduct client assessments</li> <li>Facilitate group therapy sessions</li> </ul>
Ideal Candidate	<ul> <li>The clinic team seeks a candidate who:</li> <li>Has an interest in the trauma field</li> <li>Has experience with child welfare and/or adoption (preferred, but not required)</li> <li>Is open to learning, independent, motivated, and attentive to details</li> </ul>
Additional Qualifications/Requirements	Enrollment in a Master's degree program in psychology

Apply by 11:59pm on Sunday, April 20, 2025 https://duke.qualtrics.com/jfe/form/SV\_3mvE1qOjhaaPcjA



# Bilingual MSW Clinical Intern, Early Head Start

Role	Bilingual MSW Clinical Intern – Early Head Start
Program	Healthy Families Durham
Expected Hours	24 hours/week
About the Program	The federally-funded Early Head Start program provides comprehensive child development services for low-income expectant parents and families with infants and toddlers ages birth to three. Learn more:  https://www.ccfhnc.org/programs/durham-early-head-start-home-based-program/
About the Opportunity	<ul> <li>The Bilingual MSW Clinical Intern – Early Head Start will:         <ul> <li>Provide weekly home visits and case management for three children enrolled in program</li> <li>Document all contacts and follow-ups in program database</li> <li>Coordinate with home visitors regarding tasks related to enrolled children on caseload</li> <li>Receive extensive training from the home visitors team</li> </ul> </li> </ul>
Ideal Candidate	<ul> <li>EHS is looking for a candidate who:</li> <li>Has an interest in early childhood field</li> <li>Is a self-starter and able to complete work independently due to home visits</li> <li>Demonstrates excellent communication skills</li> </ul>
Additional Qualifications/Requirements	Candidate must be entering the second year of their MSW program by start date; Candidate must be Spanish/English bilingual and have their own vehicle for traveling to and from home visits  *Please indicate bilingual Spanish/English proficiency in application materials. Due to current program needs we can only consider candidates who clearly indicate this requirement when applying.

Apply by 11:59pm on Sunday, January 19, 2025 https://duke.qualtrics.com/jfe/form/SV\_3mvE1qOjhaaPcjA



## MSW Clinical Intern, Healthy Families Durham

Role	MSW Clinical Intern - HFD
Program	Healthy Families Durham
Expected Hours	24 hours/week
About the Program	Healthy Families Durham (HFD) offers early childhood intervention services through an intensive home-visiting. The program is designed to improve parent-child interaction and child social-emotional well-being, promote parenting skills, enhance child health and development, increase school readiness, support family self-sufficiency, and reduce risk for child maltreatment. Learn more: <a href="https://www.ccfhnc.org/programs/healthy-families-durham/">https://www.ccfhnc.org/programs/healthy-families-durham/</a>
About the Opportunity	<ul> <li>The MSW Clinical Intern – HFD will:         <ul> <li>Provide weekly home visits and case management for up to 5 children enrolled in program</li> <li>Document all contacts and follow-ups in program database</li> <li>Receive extensive training</li> <li>Coordinate group meetings for families</li> </ul> </li> </ul>
Ideal Candidate	<ul> <li>HFD is looking for a candidate who:</li> <li>Has an interest in early childhood &amp; maternal health field</li> <li>Is a self-starter and able to complete work independently due to home visits</li> <li>Demonstrates excellent communication skills</li> </ul>
Additional Qualifications/Requirements	Candidate must be entering the second year of their MSW program by start date; Candidate must have their own vehicle for traveling to and from home visits.

Apply by 11:59pm on Sunday, January 19, 2025 https://duke.qualtrics.com/jfe/form/SV 3mvE1qOjhaaPcjA