

# **Student Resource Guide**

Please see the information below related to student resources and incident reporting options.



# **Administrative Withdrawal Requests**

If you have experienced an extenuating circumstance after the official withdrawal deadline and need to withdraw, you may request an administrative withdrawal using the link below. You should consult with your advisor before submitting. Please make sure that your request form includes an explanation of your extenuating circumstance along with any supporting documentation. Failing to include adequate information could result in you having to resubmit the form.

## Administrative Withdrawal Request Form Link: https://myeol.nccu.edu/external-forms/form/1949305569

# Tool for Managing Day-to-Day Stress and Anxiety

For those of us experiencing social anxiety, everyday social interactions can cause fear, self-consciousness, and embarrassment. TAO was designed to provide you with a tool kit of effective evidence-based resources to help you cope with the fear of social interactions. You have free, completely anonymous access 24/7/365 through your institution. You may simply log into myEOL and select the TAO app to begin exploring resources. I've included a picture below of the application you'll see in myEOL. Other counseling resources are on page two of this document.





## Health and Wellness Resources

#### **Counseling Center**

https://www.nccu.edu/dsa/health-wellness/counseling-center Phone: 919-530-7646 Student Health Building 2nd Floor

## **Recreation and Wellness (RecWell)**

https://www.nccu.edu/dsa/health-wellness/campus-recreation Phone: 919-530-Walker Complex

#### **Student Health**

https://www.nccu.edu/life-nc-central/health-and-well-being/studenthealth-center Phone: 919-530-5485 Student Health Building 1st Floor

## Suicide and Crisis Lifeline

Dial 988 from your phone The 988 Lifeline provides 24/7, confidential support to people in suicidal crisis or mental health-related distress.

## **Other Academic and Support Services Resources**

#### Academic Advising (University College)

https://www.nccu.edu/university-college/academic-advising Phone: 919-530-6129 Alexander-Dunn Building, Room 205

#### Career and Professional Development Center https://www.nccu.edu/division-student-affairs/cpdc Phone: 919-530-6337 Student Center, 1st Floor

**Dining Services** 

https://nccu.campusdish.com/ Phone: 919-627-5102

## **Eagle Card Office**

https://www.nccu.edu/administration/administration-and-finance/campusenterprise/eagle-card-office Phone: 919-530-7523 Lee Biology Building, Ground Floor

## LGBTQA Resource Center

https://www.nccu.edu/life-nc-central/health-and-wellbeing/lgbta-center Phone: 919-530-5545 Student Center, Suite 2121

#### **Men's Achievement Center**

https://www.nccu.edu/dsa/student-support/mens-achievement-center Phone: 919-530-6066 Student Center, 2nd Floor

#### New Student and Family Programs

https://www.nccu.edu/dsa/engagement/new-student-and-familyprograms Phone: 919-530-6907 Alfonso Elder Student Union, 1st Floor

#### **Office of the Registrar**

https://www.nccu.edu/registrar Phone: 919-530-6654 James E Shepard Administration Building, Room 102

## **Residential Life**

https://www.nccu.edu/division-student-affairs/residentiallife Phone: 919-530-7298

Student Services Building, Ground Floor

# Scholarships and Student Aid

https://www.nccu.edu/ssa 919-530-6180 Student Services, 1<sup>st</sup> Floor

## **Student Accessibility Services**

https://www.nccu.edu/division-student-affairs/sas Click here to request an accommodation Phone: 919-530-6325 Student Services Building, 2<sup>nd</sup> Floor

#### Student-Athlete Academic Support

https://www.nccu.edu/university-college/student-athlete-academicsupport Phone: 919-530-5537 McDougald-McLendon Gym, Room 100

#### Student Engagement and Leadership

https://www.nccu.edu/dsa/engagementstudent-engagement-leadership Phone: 919-530-6326 Student Center, 2<sup>nd</sup> Floor

## **Transfer Services**

https://www.nccu.edu/ots Phone: 919-530-6298 Lee Biology Building, 1<sup>st</sup> Floor

#### **University Police**

https://www.nccu.edu/administration/university-police Phone: 919-530-6106 NCCU Police and Public Safety Building

## Veteran's Affairs

https://www.nccu.edu/enrollment/veterans-affairs Phone: 919-530-5000

Women's Center https://www.nccu.edu/division-student-affairs/womenscenter Phone: 919-530-6811 Student Center, 2nd Floor

#### Writing and Speaking Studio

https://www.nccu.edu/university-college/writing-and-speaking-studio Phone: 919-530-6035 Taylor education Building, Room 102

## **NCCU Academic Schools and Colleges**

To explore information about the Schools and Colleges at NCCU, click <u>here</u>. The link will display information about where each undergraduate academic department is housed.